

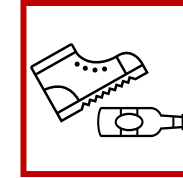
ALMOST 50% OF WORKPLACE INJURIES COME FROM SLIPS, TRIPS, FALLS AND ERGONOMIC ISSUES.

In 2024, the Bureau of Labor Statistic reported **479,480** nonfatal injuries caused by falls, slips, and trips and **568,150** musculoskeletal injuries (sprains, strains, and tears).

THE RISKS WE OVERLOOK:

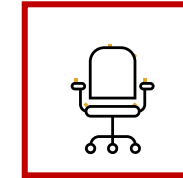
In an office setting, the biggest risks usually come from the everyday hazards we stop noticing because they feel so familiar.

<https://www.bls.gov/iif/latest-numbers.htm>



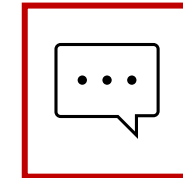
TRIP HAZARDS

Bags underneath desks, rolled up cables, boxes temporarily stored in walkways. A clear walkway at 8AM may not be clear at 10AM.



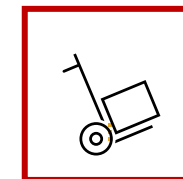
ERGONOMICS

A monitor that's too low, a chair that sinks through the day or hours spent leaning forward towards a laptop. Over time, these create strains, fatigue, and long-term issues.



DISTRACTIONS WHILE WALKING

Reading emails or Teams messages on the move reduces situational awareness. It only takes one step in the wrong direction to turn a normal task into a near-miss.



IMPROPER LIFTING

Grabbing a box of paper, water jug, or office supplies without proper form is one of the most overlooked causes of strains & sprains.